



2026 WORD & SCRIPTURE

PURPOSE:

To prayerfully choose a word and scripture to guide you through the new year.

PROCESS:

1

Set aside time individually or as a family to come together for the selection of a scripture and a word. Be sure to have your Bible and a writing device (i.e. pen, paper, laptop, digital tablet, etc.)

2

Begin with a time of prayer thanking God for the previous year; confess and repent of sins from the prior year; and ask God for His guidance as you search your Bible for your scripture and word. Finally, thank God for what He will reveal to you through His word and by His Spirit during the new year.

3

Search the Bible for scriptures (1-3 verses) which speak to your heart giving special attention to the sayings of Jesus in the Gospels, wisdom literature (Psalms & Proverbs), and New Testament letters (Romans, 1 & 2 Corinthians, Philippians, etc.). These books are uniquely full of insightful encouragements and teachings which can be captured in a verse or two. If you are doing this as a family have everyone pick 2-3 scriptures each.

4

Identify 2-3 scriptures which speak to you, pray over them and narrow that list down to one. If you are doing this as a family, you may want to have everyone share their selections and then hold a discussion or vote to slim the list down.

5

Once you have selected your scripture draw from that scripture a key word which describes the principal idea to carry throughout the upcoming year.

6

Thank God for your word and scripture for the year and commit it to prayer.

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EXAMPLES:

Here are some examples of scriptures and words our family have used over the years:

- » 1 Timothy 4:12 - "Example"
- » Matthew 6:33 - "Seek"
- » 1 Thessalonians 5:18 - "Thankful"
- » 2 Timothy 1:7 - "Fearless"

IDEAS:

Some ideas of ways you can make your word and scripture a prominent part of your year:

- » Memorize your scripture and word
- » Pray your scripture daily
- » Create an image with your scripture and word which you can place in a dominant area in your home.
- » Share your scripture and word with your prayer partner(s) so they can pray in agreement with you.

"Declarations determine our destinations. We are created from the image of God and have His DNA. We are not victims of labels or circumstances directed by others."

Dr. Ilene Bezjian



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